

# City and Hackney Enhanced Health Visiting Service

For City and Hackney Families

The Enhanced Health Visiting Service facilitate the below infant feeding support groups to embrace and celebrate our culturally diverse population



Contact Us at The Hub

0207 683 4151

Monday to Friday 9am -5pm

National Breastfeeding Helpline

0300 100 0212

Offering Support 24hrs a day, open all year round.



Website

[www.hackneyandcityhealthvisiting.nhs.uk](http://www.hackneyandcityhealthvisiting.nhs.uk)

<b>Monday</b>	Infant feeding support group for Muslim Mums Ihsan Children's Centre 10am-11:30am – Drop-in	N16 6AA 020 8806 1147
	Infant feeding support group for Turkish Mums Comet @ Thomas Fairchild Children's Centre 12:30-2pm	N1 7HT 07766547679
<b>Wednesday</b>	Infant feeding support group for Black and Black Mixed Heritage Mums Gainsborough Children's Centre 12:30-2pm	E9 5ND 020 8985 4622
<b>Thursday</b>	Infant feeding support group for Orthodox Jewish Mums Hillside Children's Centre 10am-11:30am call to book	N16 5QR 020 8800 7325



# Infant feeding Support In Your Area

Facilitated by the Enhanced Health Visiting Infant feeding team

## About Us

The Enhanced Health Visiting Infant Feeding Team is on hand to offer help and support to all families and their babies from day 10 onwards in City & Hackney. This provides the opportunity for parents and babies to receive support with breastfeeding, formula feeding or a mixture of both. There will be an Infant Feeding Specialist at each session offering tailored help and support. You may wish to attend for reassurance or for more specific concerns and queries. Please ensure you bring along your baby's red book. Further to the above sessions, we are also available to support with more complex feeding needs.

<b>Monday</b>	Comet @ Thomas Fairchild Children's Centre 10am-11:30am Drop-in	N1 7HT 07766547679
<b>Tuesday</b>	Sebright Childrens Centre 10am- 1pm Call to book	E2 8NP 020 7749 1210
	Clissold One O'clock Club 10:45-12pm Drop-in	N16 9HJ 07762002181
<b>Wednesday</b>	Gainsborough Children's Centre 10am-11:30am Drop-in	E9 5ND 020 8985 4622
	<b>First Wednesday of the month</b> City Child & Family Centre @ The Aldgate School 11am-1pm Drop-in	EC3A 5DE 020 7283 1147
	<b>Third Wednesday of the month</b> Barbican Children's Library 10am-12pm Drop-in	EC2Y 8DS 020 7628 9447
<b>Thursday</b>	Hillside Children's Centre 12:30-2pm call to book	N16 5QR 020 8800 7325
<b>Friday</b>	Morningside Children's Centre 10am-1pm Call to book	E9 6LL 020 8525 2400

\*For babies under 10 days old please contact the maternity infant feeding team  
[huh-tr.homertoninfantfeeding@nhs.net](mailto:huh-tr.homertoninfantfeeding@nhs.net)



The NCT can be found within the Family Hubs and Children's Centres providing peer-to-peer support for Hackney families. Benefits of peer support include enhanced confidence building and shared problem solving. Please check the website for further details of the sessions.

[www.nct.org.uk/services/hackney-infant-feeding](http://www.nct.org.uk/services/hackney-infant-feeding)

