



**Changing childhoods.
Changing lives.**

Barnardo's have been commissioned by Hackney to deliver a range of Solihull Approach parenting and professionals' workshops. These workshops are aimed at parents/carers and professionals to support parents/carers in the first 1001 days of parenthood (pregnancy to 2 years old)



Our team will be delivering:

- **Antenatal and Postnatal courses for Parents/Carers**

Designed by clinical psychologists in partnership with health visitors and parents. These courses are aimed at supporting you to understand your baby's development and to create a secure and healthy relationship with your child.

- **Solihull Foundation Courses for Professionals**

This free two-day course offers you a grounding in the Solihull Approach framework and gives access to Solihull Approach resources for three years post training to utilise within your practice.

Course dates September to December 2024

Course	Dates	Location	Time
Postnatal Course	09/09/24 – 14/10/24	Ann Tayler Children & Family Hub	1pm – 2:45pm
Antenatal Course	10/09/24 – 08/10/24	Ann Tayler Children & Family Hub	1pm – 2:45pm
Antenatal Course	17/09/24 – 15/10/24	Online	6pm – 7:45pm
Postnatal Course	12/09/24 – 17/10/24	Wetherell Nursery	10am – 11:45am
Antenatal Course	12/09/24 – 10/10/24	Wetherell Nursery	1pm – 2:45pm
Foundation Course	09/10/24 & 23/10/24	Ann Tayler Children & Family Hub	10am - 4pm
Antenatal Course	04/11/24 – 02/12/24	Ann Tayler Children & Family Hub	1pm – 2:45pm

Postnatal Course	05/11/24 – 10/12/24	Ann Tayler Children & Family Hub	1pm – 2:45pm
Postnatal Course	05/11/24 – 10/12/24	Online	6pm – 7:45pm
Antenatal Course	07/11/24 – 05/12/24	Wetherell Nursery	10am – 11:45am
Postnatal Course	07/11/24 – 12/12/24	Wetherell Nursery	1pm – 2:45pm
Foundation Course	08/11/24 & 22/12/24	Online	6pm – 7:45pm

To register your place, refer a family for support, or for further information please contact Janine Robertin (Senior Practitioner) or Linda Jackman (Parent Practitioner) using the following details:

Tel: 0808 145 1893

Email: solihullapproachhackney@barnardos.org.uk

