

Weekly Activities - September to December 2019



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Family Music & Movement* 9.15am - 10am Over 18 months 10.15am - 11am Under 18 months (Music session is a maximum of 2 children per adult)</p>  <p>Stay & Play 1pm - 2.45pm Come & take part in fun learning experiences and meet other families. Please remember to bring a donation of fruit for snack time</p>	<p>Stay & Play 9.30am - 11.20am Come & take part in fun learning experiences and meet other families. Please remember to bring a donation of fruit for snack time</p>  <p>Stay & Play 1pm - 2.45pm Come & take part in fun learning experiences and meet other families. <i>(If you would like to borrow some toys & books to take home, please speak to Morgan or Sarah)</i></p> <div style="border: 2px solid yellow; padding: 5px;"> <p>Functional Skills ESOL 9.30am-12.30pm MATHS 1pm - 4pm Please contact Adult Learning for information on joining this class. 020 8820 7703 No crèche</p> </div>	<p>*NEW* Explore with Baby 9.30am-11am Our session gives you and your baby the chance to explore a range of sensory activities. 0 to walking Tummy Time - 16/10 & 11/12</p>  <p>Comet Little Gardeners Stay & Play 9.30am - 11.30am Finishes 16th October Each week our gardener Julie will teach you about what to grow and when, creating an edible garden.</p>  <p>12.30pm-3.00pm 2nd October - 4 December During this 8 week HENRY course we will support families in providing a happy healthy start in life. Please stop by the office for more information. <i>Crèche provided</i></p>	 <p>Messy Play Messy Play 9.30am - 11.20am Every Thursday excluding 5 Sept, 3 Oct, 7 Nov, 5 Dec Come and get messy and experience a variety of sensory materials. Please remember to bring a donation of fruit for snack time</p> <div style="border: 1px solid blue; padding: 10px; text-align: center;">  </div> <div style="border: 2px solid yellow; padding: 5px;"> <p>ESOL Classes - Entry 2 9.30am-11.30am Assessments take place:</p> <ul style="list-style-type: none"> • Tuesdays @ 1pm - Hackney Learning Trust • Tuesdays @ 6pm - Pembury Community Centre • Thursdays @ 1pm - Linden Children's Centre <p>No crèche</p> </div>	<p>Mini Stay & Play 9.30am - 10.45am & 11am - 12.15pm Do you prefer a quieter, shorter stay & play session? If so, our new sensory mini stay & play sessions may be what you are looking for. Sorry, these sessions are not open to childminders or nannies. Only 8 children per session. These sessions are closed at 10am & 11.30am.</p> 

Other Activities - September to December 2019



Children's Centre Information

 <p>Talk to a Mum who Knows About Breastfeeding 0300 100 0212</p> <p>Breastfeeding support* Unfortunately we are unable to offer breastfeeding support at Comet. If you require support please visit the breastfeeding network: https://www.breastfeedingnetwork.org.uk/</p>  <p>We distribute Foodbank vouchers for families in need. Speak to the office for more details.</p>	 <p>Family Support Surgery At Sebright children's centre To book an appointment with one of the family practitioners, please contact Sebright children's centre 020 7749 1210</p> <p>Do you want to improve your reading, writing or maths skills? Functional English and maths courses help you become more confident about English and maths in everyday life. You can also take qualifications, including GCSEs, that can help you find a job. Adult Learning Services run courses at venues all over Hackney and at different times of year. For further information, please, call 020 8820 7703 or email english-maths@learningtrust.co.uk</p>	 <p>Have you checked if you are eligible? You could be getting additional money EVERY MONTH to help purchase fruit, vegetables and milk. Collect your form today or apply online at www.healthystart.nhs.uk</p> <p>Tummy Time with Hackney Ark Tummy time is essential from day one to help your baby grow strong - 9.45am - 10.45am During Explore with Baby 16 October & 11 December</p>  <p><small>Your baby needs Tummy Time! Place babies on their stomachs when they are awake and someone is watching. Tummy time helps your baby's head and neck muscles get stronger and helps to prevent flat spots on the head.</small></p>	 <p>Hackney ORBIT Every Thursday 1pm - 3pm A service for mothers, fathers, grandparents and carers who have been, or are impacted by drugs or alcohol. For more details call our team on 020 7749 9850</p> <p>Community Health Reviews By appointment only Health visitors attend on the first Thursday of the month to conduct developmental reviews. Please contact your health visitor for more information.</p> 	<p>Stay & Play Snack Time Please remember to bring a piece of fruit for snack time during our stay & play sessions. Without your donation, we will have no fruit to share. Thank you</p>  <div style="background-color: yellow; padding: 5px; text-align: center;"> <p>Dates we will be closed</p> <p>Wednesday 4 September Thursday 19 December 19 December to 6th January</p> <p>*Term Time Only Sessions</p> </div>
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