

# Parent Group Leader

EPEC is for local parents, led by local parents  
**Empowering Parents Empowering Communities**

EPEC is a parenting approach that trains local parents to lead groups that support other local parents, to help families gain the skills they need to give their children the best start in life.

Why should you become a volunteer Parent Group Leader?

- **Receive amazing free training and support from our local EPEC team**
- **Learn to lead practical, caring groups for local parents**
- **Share tried and tested methods that give children the best start in life**
- **A chance to make a difference for local children and families so that they can have the best possible start**
- **Join a group of like-minded parents to make a difference in your local community**
- **Use tried and tested parenting methods that are popular and effective**
- **Receive amazing training and personal development**
- **Develop your confidence and skills**
- **Have your transport, lunch and childcare costs paid for while undertaking and delivering group training.**

\*please turn over for more information

# Are you ready to make a difference in your local community?

**As part of the EPEC programme we are looking for mums, dads and carers to become group leaders to deliver parenting courses in your local area.**

By completing a short **10-week course one day per week (10.00-14.00)** you could become a group leader. Once you have completed your training, you and another parent group leader will deliver course(s) to other parents across Hackney over an 8 week period.



Wednesday 10:00-14:00  
Weekly, starting on 11/09/24



Ann Tayler Children and Family Hub, Fields,  
1-13 Triangle Rd, London E8 3RP



The training will be delivered by 2  
experienced EPEC trainers

## For more information

Email: [EPEC.hackney@nct.org.uk](mailto:EPEC.hackney@nct.org.uk)

Call: **07763 208567**

Apply  
here:

